

NEWSLETTER

AGE 4

PYP THEME: HOW WE
EXPRESS OURSELVES



NOVEMBER, DECEMBER



VOCABULARY

PAGE 2



We identified different emotions, talked about our feelings, and learned how to express ourselves, including our needs and wants, through arts, games, verbal expression, and exploration. We also learned all about nature, culture, beliefs, and values to reflect on, explore, and extend our creativity.



THE ENGLISH
ACTIVITIES WE
ENJOYED LEARNING

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COOKING

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P.E AND DMB
WITH MR.
MICHAEL

PAGE 10



VOCABULARY



FEELINGS

Happy

Sad

Angry

Scared

Surprised

WINTER-THEME RELATED TERMS

Snow

Star

Snowman

Snowball

New-Year



SEASONS

Summer

Winter

Spring

Fall



SHAPES

Rectangle

Triangle

Square

Circle

SONGS



THIS IS A
HAPPY FACE



"HOW ARE
YOU?" SONG



"FEELINGS ARE
FEELINGS" SONG



HICKORY
DICKORY DOCK



FEELINGS /
WORD POWER
SONG



TWINKLE BUILDS
A SNOWMAN



"I AM A LITTLE
SNOWMAN"
SONG

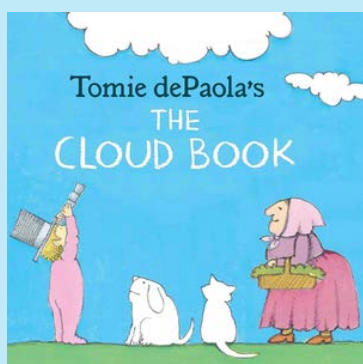


ENGLISH ACTIVITIES THAT WE ENJOYED WITH MISS DUYGU;

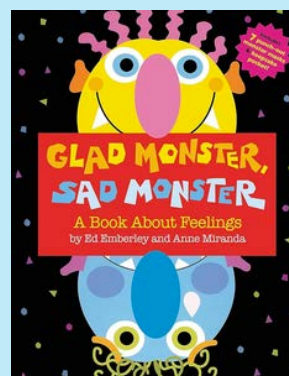
A. STORY O'CLOCK



THE CLOUD BOOK



GLAD MONSTER, SAD MONSTER



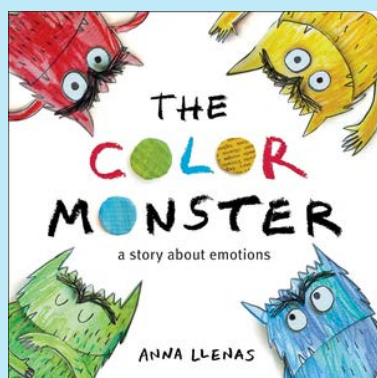
THE BIGGEST SNOWMAN EVER



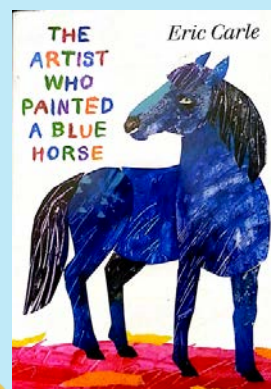
MAYBE SOMETHING BEAUTIFUL



THE COLOR MONSTERS



WHO PAINTED A BLUE HORSE



ENGLISH ACTIVITIES THAT WE ENJOYED WITH MISS DUYGU;

HUMPTY DUMPTY'S PUZZLE CHALLENGE

We read the book and watched the animation of Humpty Dumpty. Then, we did a puzzle craft activity to put him back together in one piece.



"EXPRESSING EMOTIONS WITH COLOR MONSTERS"

After reading "The Color Monster," learners explored emotions through creative activities. Some designed their own color monsters, while others sorted colorful pompoms based on emotions. They then shared their work, promoting emotional awareness and self-expression.



DIGITAL FEELINGS GAMES



Learners played interactive digital games where they identified and selected emotions based on prompts. This engaging activity reinforced their understanding of feelings while combining fun and technology for learning.

EMOTION FACES: BEFORE AND AFTER

As part of a self-evaluation activity, learners were provided with blank face templates and asked to illustrate the corresponding emotions as the teacher named them. This activity was conducted both before introducing the theme and after its completion to assess their understanding and track their progress in recognizing and expressing emotions.



PLAYDOUGH EMOTIONS FACES



In this activity, students used empty face playdough mats to explore emotions by designing happy, sad, angry, and sleepy expressions. They shaped playdough to create facial features, allowing them to learn about feelings in a hands-on and creative way.



MOOD MAKERS: EMOJI FUN!

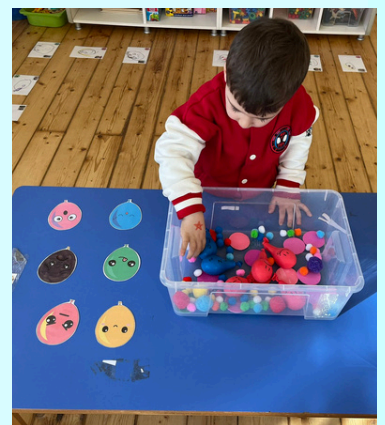
Students will create emoji faces using cutout papers to represent different feelings such as happy, sad, or surprised. This hands-on activity helps them recognize and express emotions while practicing related English vocabulary.



EXPLORING EMOTIONS THROUGH INTERACTIVE GAMES



The activities focused on exploring feelings and emotions through interactive games, such as hitting bowling pins based on specific emotions and using mirrors to mimic facial expressions and body movements shown on flashcards. These activities aimed to engage students in a reflective and physical process that activates cognitive functions while promoting emotional recognition and self-awareness. By observing themselves in mirrors, students developed motor skills and better understood how emotions are expressed through facial expressions and body language. Additionally, memory games were played to reinforce the recognition of different feelings. These activities were designed not only to encourage participation and self-expression but also to help students build emotional intelligence, enhance their ability to identify and understand feelings, and strengthen their social-emotional skills in a fun, supportive environment.



COOKING WITH MISS DUYGU



BONIBON COOKIES

We prepared cookie dough, rolled into small balls, pressed M&Ms on top, and baked until lightly golden.

POPCORN TIME

We cooked popcorn by heating the kernels in a pot until they popped. The students enjoyed watching the popcorn pop and smelling the delicious aroma.



COCONUT BANANA BALLS

For coconut banana balls, we mashed ripe bananas in a bowl and mixed them with crushed biscuits until a dough-like consistency formed. We rolled the mixture into small balls and coated them with shredded coconut. Finally, we chilled the balls in the refrigerator before serving them as a delicious, no-bake treat!



CHILD CENTERED LEARNING WITH MISS MELISSA

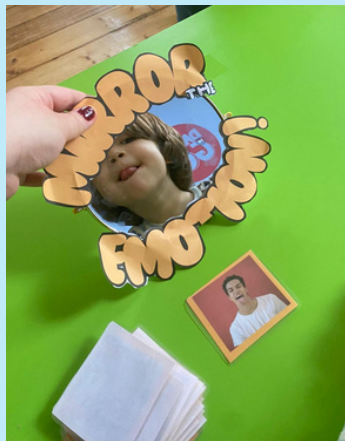
CATCH AND PLAY ADVENTURE

The students took turns fishing, cheering each other on, and celebrating every successful catch. It was an engaging activity that helped develop their hand-eye coordination and fine motor skills while having lots of fun!



MIRROR EMO-TION!

Students will pick a flashcard, look in the mirror, and mimic the expression or action shown for a fun and engaging activity."



CREATING FACES ACCORDING TO OUR FEELINGS

Students will pick a flashcard, look in the mirror, and mimic the expression or action shown for a fun and engaging activity.



P.E. AND ENGLISH WITH MR. MICHAEL



COORDINATION

We had a lot of fun playing ball games in order to improve our hand eye coordination.



TEAMWORK

We tried to improve our teamwork by playing games that help boost teamwork.

FITNESS

We carried on developing our fitness level with the students.

